Methodist Night at Ballpark Is July 17

It’s time to get psyched for United Methodist Night at the Ballpark. This year, the 39th annual event is July 17, later than usual, so the chill and rain that has accompanied some of the early June dates shouldn’t repeat.

The Syracuse Chiefs will play the Triple A champion Durham Bulls, farm team of the Tampa Bay Rays, at 6:45 p.m. at NBT Bank Stadium. This is the last season the Chiefs will be a Nationals farm team. The New York Mets bought the team, and their prospects will be here next year.

The UNY Conference’s tailgate party starts at 4:45 p.m. in the stadium parking lot. Bring a dish to pass, a drink and table service.

The District United Methodist Men will provide hotdogs and coney. Bring a nonperishable food item for the Food Bank of CNY. All ticketholders receive a Chiefs baseball cap.

At 6:15 p.m., we’ll sing the national anthem at home plate. And at 6:35 p.m. district administrative assistant Anne Hutchins will throw out the first pitch. Tickets are $9. To reserve yours, contact Mary in the church office during the week or Jackie Sadowski on Sundays.

Governing Board OKs Covenant and staff raises

Over the past three months, the UUMC Governing Board reviewed, discussed and acted on many different issues that affect the life of the church.

The board meets monthly and is comprised of a chairperson, lay member to Annual Conference, representatives from each of the committees and the pastor.

The board voted to approve the Uniting Covenant Agreement — with other Downtown Syracuse United Methodist Churches — which created the Syracuse United Methodist Ministries.

It also approved raises for UUMC staff, elected a chair for our Staff-Parish Relations Committee — John Hunt — and heard updates on the progress being made on renting out our second- and third-floor space, as well as repair and renovation of bathrooms, something that all agreed is much needed!

To improve our visibility and the community’s awareness of what UUMC is about and has to offer, the board voted to change UUMC’s promotional materials to reflect the most commonly used entrance (the Peale entrance) on 324 University Ave., and supported running an ad on radio station WAER-FM during NPR time for eight weeks. Listen in — it’s exciting to know what the community is hearing about us!
Elizabeth struggled to forgive. Forgiveness lifts heaviness of hurt.

I’ve been watching the Netflix show “The Crown.”

It is the story of Queen Elizabeth and her family. I’ve really enjoyed the series because it shares with the viewer the weight that the royal family in the United Kingdom carries.

One episode really got me thinking about forgiveness. Queen Elizabeth eventually became queen because her uncle, King Edward VIII, abdicated the crown to marry the woman he dearly loved. Since Queen Elizabeth’s uncle walked away, her father, King George VI, became king. It was a very unexpected twist in the royal family’s life.

The movie “The King’s Speech” is a good movie reflecting his struggle.

Queen Elizabeth’s father died quite unexpectedly and young. Elizabeth was the elder of the king’s children, both being women. So, Queen Elizabeth was crowned in her twenties.

Queen Elizabeth’s uncle was asked to live in another country. He continued to want to somehow be a part of the royal duties of the family.

Queen Elizabeth as a peacemaker considered appointing him as an ambassador. Then she learned that as king he was more than friendly with Hitler.

Queen Elizabeth’s uncle seemed like a kind man, but behind the scenes he longed for more power and authority. He seemed to play political games behind the queen’s back.

During this time, Billy Graham had brought his message of forgiveness to the United Kingdom.

Queen Elizabeth was drawn to the message. She wanted to forgive her uncle for the embarrassment he had caused the royal family.

She wanted to forgive as Billy Graham preached Jesus Christ would want us to do, but she struggled to forgive. Her uncle had betrayed the family and country.

How do we forgive when someone has hurt us to our core?

I think if we’re human we struggle with this concept, yet Jesus Christ tells us to forgive.

In fact, Peter asks in the Bible, “How many times will I need to forgive?” Jesus tells Peter in Matthew 18:21-22 we are to forgive someone seventy times seven times.

We can forgive by having compassion for the person who has harmed us. Compassion may bring us to the awareness that the person who has harmed us has been harmed in the past themselves and they are doing the best they can.

How do we forgive? We pray and give it up to God. We may be giving up anger or resentment or another emotion.

In forgiving and giving it up to God, we are letting go of a situation that has been holding us back from being fully ourselves.

Forgiveness is hard work. When we do the hard work we are able to live free without the heaviness of hurt. We are able to be more compassionate and loving. We are able to live more fully and focused into our purpose.

I’m not sure when Queen Elizabeth forgave her uncle. Forgiveness does not mean we let the person hurt us again in the same way.

I am sure Queen Elizabeth did not let her uncle catch her off guard or give him prestigious duties of the royal family.

Even though it is hard, my prayer is that we can be forgiving people so that we may all live into our purpose of loving God and our neighbor more fully.

Peace,

— Pastor Alicia

---

New receptacles for recyclables

To make collecting recyclables easier for Building Superintendent Tim Neiss’ crew, three-bag recycling units are being deployed at UUMC.

Two are here, in The Gathering Room and Pettengill Center. Fellowship Hall will get the third.
Outreach Ministry

Pantry guests can get food for their animal companions

As UUMC’s Food Pantry was drawing to a close a recent Friday morning, a pregnant young woman arrived with her niece to gather her allotment of foods for the month.

I recognized the woman as she has visited to collect diapers at other times. She is very sweet, gentle and speaks little English.

As we moved through the food pantry, the woman and I spoke of different food choices, recipes, additional services and events available at UUMC.

One of the last shelving units in our pantry room holds the Pet Food Pantry. This includes one shelf of donated cat foods and one shelf of donated dog foods.

I include any donations of pet shampoos or treats here as well as a clipboard for guests to indicate how many animals they are feeding.

As we came to these shelves the girl looks up from her phone and states, “You feed animals, too?”

“Yes!” I respond. “We have foods for dogs and cats and one last bottle of dog shampoo that will make your dog smell like vanilla.”

She turns to her aunt to ask if she could get some food for her dog. The aunt replies favorably. I show the girl the options, and she makes her selections.

I also asked her to complete the signup sheet so I can count the dog. “Don’t forget the shampoo,” I say to her.

“Oh, yes! Now my dog will smell delicious and since we can feed her, maybe we can keep her?”

The aunt states in Spanish something like, “You’ll need to ask your mother about that.”

UUMC’s Pet Food Pantry is about a year and a half old. We have recently relocated the supplies into the Food Pantry itself.

Since we’ve moved the supplies, its popularity has jumped tremendously.

Pastor Alicia, our past SU intern and I initiated this project after reading “Pet Food Pantries Offer Relief to Animal Owners Struggling with Bills,” a New York Times story about stand-alone pet food pantries in and around New York City. (excerpts in italics)

“Pets and people simply belong together,” said Dr. Emily Weiss, the vice president for research and development at the American Society for the Prevention of Cruelty to Animals, adding that pet food pantries help create a safety net for pets and their owners.

“Just because somebody can’t afford a specific aspect of care doesn’t mean they don’t belong (with their pets).”

The pantries have become part of a broader movement among animal welfare organizations, pet lovers and others that aims to reduce the population of animals in shelters by assisting pet owners before they... give up their (animal) companions. Supporters of the pantries state that they are... helping people by helping their pets... pets can help lower stress and blood pressure, improve moods, and provide emotional comfort to their owners.

An ASPCA study finds the number one reason people give up or abandon their pet is that people with income below $50,000 are significantly more likely to rehome (their pet) due to cost, medical and housing issues of themselves or their pet.

“When you have to make a choice between feeding your children and the medical care for your pet, that person's actually doing the very best that they can,” (in giving up their pet).

Ironically, it’s during times of stress, including financial hardship, that having a pet in the... See DOGS, Page 6

Galyn Murphy-Stanley

Pet food donated to our pantry.
People who use our food pantry Friday mornings get to UUMC one way or another. But getting home with three days’ worth of food for their families is often a problem.

Since April, pantry guests who need a ride have gotten one from John Manase Yuga. Yuga, 56, is the Big Jack Capital Exprez Taxi Service. Grants and donations have made adding this transportation outreach possible.

Rachel Kgama, our executive administrator, recommended John, whom she knew because her husband, Sekgoma, is John’s best friend.

He’s been in the taxi business for 10 years, five of them on his own.

John arrived in Syracuse from Kenya as a refugee on Dec. 7, 1990, sponsored by Church World Service. He had fled his home in Sudan three years earlier because of the civil war there.

Five days after coming to Syracuse, he had a job in a surgical needle factory in Mattydale. After three to four years there he was laid off but took advantage of a government program to go back to school. He took a few classes at OCC and then transferred to Le Moyne College where he earned a bachelor’s degree in industrial labor relations.

He went back to Africa when his father died, to see his grave, and upon returning to the U.S. he did factory jobs at Chrysler and Bristol-Myers and worked for insurance companies.

John, who became a U.S. citizen in 1996, eventually started a master’s program in education and human resources development at Fordham University in New York City. By then he was married.

He ended up back in Syracuse in 2007 after a divorce because his daughter, who had been living in Africa with his ex-wife, wanted to come to America. That’s when he started driving a taxi for the late Rocky Manzi’s company to help support her. She’s now a nurse in Queens.

It took a number of years before he could start his own business because a police sergeant refused to sign his application for a medallion. That sergeant’s successor finally did, and John was in business.

Taking pantry guests home has been a positive experience for John.

“Generally, it’s nice. I like it except for a few people who give me trouble,” John said. “Generally, everything’s OK. I like it.” One person has been banned from taking future rides because of his behavior.

He also appreciates the reliable weekly business.

“If you have a regular job like this, then it’s better than waiting. You have a steady income,” he said.

In his spare time John used to run, but now he walks to get exercise since his job involves a lot of sitting.

His favorite movies are Westerns. They remind him of his life when he was young in Sudan and his parents raised corn, beans, coffee and bananas.

Church leadership has been planning for increasing the security of our building.

Step one will be the hiring of an additional security guard for 9 a.m. to 1 p.m. Fridays, which includes our Food Pantry hours, and Sundays from 8 a.m. to 1 p.m.

Step two is that designated people in the sanctuary on Sundays will have emergency response buttons that will summon Syracuse City Police in the event they are needed.

Step three is a congregational meeting that will be held in mid-September to inform members of what to do in emergency situations, including an active shooter on site.
CONTINUING PRAYERS
- Prayer that the second and third floors of our building be rented.
- Sue: My family and all those struggling with health issues
- Barb & Bob: Alayah Green, Carus Olcott Jr., Landen & Fay, Mary & Carus Olcott Sr., Hadlee Vandusen.

PRAYERS REQUESTED:
- For those in military service: Matt Fischer
  Sunday, June 10
- Mike: For world peace, Trump and Kim Jong-un
- Pray for Jesus to help you on a daily basis, keep dark thoughts out of your mind.
- Erika: Maria Storto & Family
  For the family of Walt Neuhausner. Walt died this past week.
  The family of Sherri Allan Thomas. The birth of great-nephew Salvador.
- William: Pray for the suffering.
- Sherri Cullen: Betty Baldwin, Kathy Dewey, Patty Fasulo & family, Jeanne & Shane.
  Please watch over those who feel lost or alone and watch over their hearts.
  Invite our church to pray for Congo, the peace and love
- Verle & Family: Be not conformed but be transformed by God’s love.
- Mike Ward, Brian Komar

Sunday, June 17
- God’s blessings to all the graduates and thanks to the dedication of the teachers.
- For immigrant children and families being forcibly separated in our country for seeking safety within our borders.
- Peter: Thanks for all the nurturing fathers and other relatives who are standing for children’s rights to safety, health and love.
- Prophet Jesus: Bless the fathers as you honor your father in heaven.
- Prayers for my mother as she deals with her current health issue, of which she will know more about after her appointment today.
- Say a prayer for Donna to get a job tomorrow.
- Gladys Stevenson and Merilyn Krackhardt
- Verle & Family: We continue to lean on God’s understanding and not man’s.
- Stephen: Blessings to the cast and crew of “Into the Woods” at ShoppingTown today & this weekend.

Sunday, June 24
- Sherri Cullen: Betty Baldwin, Kathy Dewey, Patti Fasulo, Jeanne & Shane.
  Watch over Dan Ryan as he deals with health issues.
  We love God and he loves us.
  Keep your eyes on the prize.
- Dawahuis Printus gets her apartment tomorrow.
- Prayers for my mom on her journey with Alzheimer’s, prayers of strength for my father, Happy Birthday to Ted! As we share the same birthday.
- A prayer for the family of Lee Dreamer, who died yesterday after a long illness
- Mary/Lee Tyndall
- Tom & Carol Boll: Prayers for Rachel as she prepares to start a new adventure and job in Argentina.
- God protect Congo and bless America
- Maria Storto and Family
- Jim Tallman will be marching in a parade next Sunday dressed as a clown.
- My family, Charlie O’Nei and those struggling with health issues.
- Albertina: Grandpa is in the hospital
- Peter: Please pray for Rolf Ehrhardt, my nephew in Switzerland, who had a paragliding accident — and is conscious & responsive & out of ICU,
- Easter Pardue
- Safe travels for my family
- Dear God, You said, “Honor thy Father & Mother” and to “Let the children come unto me” when Jesus was on earth. Help us be your hands and feet to do the same.

Sunday, July 1
- Merilyn Krackhardt
- Fought-Price: For the soccer team lost in a cave, and their families. For children and parents who are separated.
- Love and prayers for Keith Nevin, as he is in ICU today. Let us also pray for Nancy Nevin, as she worries about her son’s health.
- Alec: Please pray for my mother, as she finds out the results of her medical tests within the next several weeks.
- For Bob, who is undergoing treatment for pancreatic cancer. For Abbey, who is struggling with serious problems related to being bullied.

See PEOPLE, Page 6
People and Prayers

CONTINUED from Page 5

- **Donna**: Could you say a prayer for my surgery Tuesday.
- Peace on earth and peace in Congo
- Prayers for all who are separated from their families.
- **Morgan**: Prayers for Erin Mauri, who begins chemotherapy on July 9 for breast cancer. Prayers for Gerry Mastronardi for a third surgery for bladder cancer.
- **The Kwan Family**: Safe passage travel for our family while we are driving from Manhattan to/from Niagara Falls, but also to those seeking refuge everywhere in the world.
- Prayers for Audrey and Chris and Vito, who are healing.

THANKS & PRAISE & JOYS

- Rebekah Grella and Sungju Moon are engaged. They will be getting married Dec. 29 in Asheville, N.C.

**Sunday, June 10**

- Congratulations to Asani Mauri, Bruno’s brother, who won the prize for English as a second language at Henninger last Wednesday.

**Sunday, June 24**

- Thank God for healing my cancer. Stage 3 lung cancer. In remission.
- Thank you, God, for sending us such wonderful pastors, past and present.

ACHIEVEMENTS

- UUMC Building Superintendent Tim Neiss shot a hole-in-one June 13 with an 8-iron on the par 3, 180-yard hole at Caughdenoy Links Golf Course in Central Square.
- Phoebe Faley, running for Henninger High School, won the 1,500-meter (5:42.13) and 3,000-meter runs (13:40.05) at the Syracuse City Track and Field Championships.

**August birthdays**

2 – Dr. Barbara Miller
Beth Drew, Ray Ashwood
4 – Michael Borenstein, Valerie Young
5 – Will Drew, Dan Hyland, Jonathan Hosler
6 – Kathleen Stevenson, Gloria Morgan, Ingrid Coutts
9 – Marjorie Carter
12 – Don Steenberg
15 – Barbara Fought
19 – Jesse Miller
20 – Ben Borenstein
21 – Maria Fay, Carrie Hunt
23 – Nate Appleton
25 – Katie Flynn
27 – Bruce Borenstein
28 – Teddy Toé
31 – Roger Lund

**Altar flowers**

Altar flowers were given:
By the Altar Guild in honor of our choir.
By the Bacon/ Helwig and Steenberg families in honor of their fathers, Donald Steenberg and David Bacon, and in memory of Charles Helwig.
By Harry and Shirley Miller in memory of deceased family members.
By Gary and Marsha Wood in memory of loved ones.

Altar flowers were given to Ted Guercio, Nancy Nevin, Laura Powers, Mary Wilson, Dan Magowan, Aimee deBerjeois, Rev. Hal Garman and Ken Craig.
Flowers were delivered by Barbara Fought, Barbara Cargo and Pastor Alicia.

**Pastor’s continuing education**


**Altar flowers**

Altar flowers were given:
By the Altar Guild in honor of our choir.
By the Bacon/ Helwig and Steenberg families in honor of their fathers, Donald Steenberg and David Bacon, and in memory of Charles Helwig.
By Harry and Shirley Miller in memory of deceased family members.
By Gary and Marsha Wood in memory of loved ones.

Altar flowers were given to Ted Guercio, Nancy Nevin, Laura Powers, Mary Wilson, Dan Magowan, Aimee deBerjeois, Rev. Hal Garman and Ken Craig.
Flowers were delivered by Barbara Fought, Barbara Cargo and Pastor Alicia.

**Pastor’s continuing education**


Dogs and cats can help relieve stress, improve health

CONTINUED from Page 3

*house may be most critical. There’s so much data to support how dogs and cats can help decrease stress, improve health and improve social interactions,” Weiss notes. (There are) “many reasons that dogs and cats should be part of our lives.”

Many of these reasons involve relationship building, healthy interdependence, emotional and physical health and higher self-esteem. In children empathy and compassion skills grow in strength as do their immune systems.

We work and join with nationwide programs to provide free pet foods for our UUMC guests. We hope that people who obtain pet foods and items from us will be able to love and keep their pets at home as part of their family where we all are better together.

Interested in learning more of the struggle of domestic pets and poverty? Here’s the Times story:

— Galyn Murphy-Stanley
Outreach Coordinator
High school, college graduates recognized from UUMC member families

On June 17, graduates in UUMC members’ families were recognized in the bulletin.

**COLLEGE GRADUATES:**

- **Taylor Bacon:** Rochester Institute of Technology, bachelor of science in game design, son of Bette Helwig and Steve Bacon; grandson of Ellen & David Bacon.
- **Carol Boll:** Syracuse University, master’s in public administration from the Maxwell School
- **Thomas Boyer:** SUNY Potsdam, bachelor of science in business; son of Margaret Boyer; grandson of Ralph C. Best
- **Maria T. Fay:** Old Dominion University, master’s in special education; now employed by the Virginia Beach Public School District; daughter of Mike and Gwen Tillapaugh-Fay.
- **Mitchell J. Soufleris:** University of Rochester, bachelor of science in optical engineering; son of Peter & Deborah Soufleris, grandson of George & Rita Soufleris
- **Angela Tillapaugh:** Syracuse University, bachelor’s in history with a minor in information science; daughter of Ed Tillapaugh

**HIGH SCHOOL GRADUATES**

- **Alphonsina Muluta:** Henninger High School; plans to attend Onondaga Community College; daughter of Bruno Mukasa and Yalala Baraka
- **Asani Mauridi:** Henninger High School, plans to attend Onondaga Community College; brother of Bruno Mukasa
- **Dillon Sheehan:** Belmont High School, plans to attend University of the South; grandson of Don and Margo Koten
- **Julia Soufleris:** Council Rock South High School, Holland, Pa., plans to attend University of Cincinnati; daughter of Peter & Deborah Soufleris, grandson of George & Rita Soufleris
- **La’brittany Tigner:** Corcoran High School, plans to attend Cayuga College

A new artist takes over designing for Peale entrance window case

Do you remember the commercial, “I’m not a doctor, I just play one on TV”? Well that’s how I’ve been feeling. I’m not an artist, but I’ve been playing at it, by doing the Peale entrance window for the past couple of years.

But now we have a real artist. Holly Austin is responsible for the gorgeous quilt of the UUMC logo and the doves flying in the window now. She’ll be designing the window in the future.

Holly says she does art “on the side.” She works in a variety of mediums — pastels, watercolors and acrylics. She likes to use canvas, paper and fabric, as well as to quilt. Holly used to sell her work at art shows but since becoming a foster parent she has less time for that.

Holly and her husband, Seth, are now parenting Rylee. Holly credits Seth for lots of support in doing the windows and all her art projects.

When you see Holly and Seth, please let them know how much we value their gifts of time and talent.

— Barbara Fought

*Editor’s Note: And thank you, Barbara, for your time, energy and creativity the past few years!*
WEEK OF JULY 8
Sunday the 8th
9 a.m. Community Breakfast, Fellowship Hall
10:30 a.m. Worship.
11:45 a.m. Fellowship, The Gathering Room
Noon Soup & Sermon Chat, Chappell Room
Wednesday the 11th
9 a.m. Staff Meeting
Thursday the 12th
6 p.m. Worship, The Gathering Room
Friday the 13th
10 a.m. Friday Community
WEEK OF JULY 15
Sunday the 15th
9 a.m. Bagels & Coffee, The Gathering Room
10:30 a.m. Worship.
11:45 a.m. Fellowship, The Gathering Room

Open Table, Interfaith Dialogue Circles supported by board
have some fun!
These and others are ways that we can, as individuals and a
congregation, work for social justice and show our community
that we are here for them.
Expect to hear more from the Outreach Committee on each
of these programs and the ways we can each support them and
our brothers and sisters in need.
— Joyce Flynn,
Governing Board chair

‘Imagine the People of God’
Our next worship series, “Imagine the People of God,” be-
gins July 8 and runs through July 29. Come to church early, at 10
a.m. on the 8th, to learn more about it.
We’re asking people to submit photos of people — friends, family,
anyone — that will become part of a collage of the People of God and
will be displayed in the sanctuary.
You may bring them in or submit them electronically to
uumc@twcny.rr.com.

CONTINUED from Page 1
As Mission & Outreach are vitally important to UUMC and to
our community, the board heard a report on a poverty teach-in
attended by 55 people.
In addition, there were unanimous votes to support a number
of programs and opportunities, including an Open Table Program
and an Interfaith Dialogue Circle.
We are planning an Ice Cream Social Aug. 18 to just
Pride Parade, June 16, 2018
(1 photo)
June 23-24, 2018
Reception for Hal & Jan Garman
Community Breakfast
Honoring Ken Craig, retiring CEO
Of Housing Visions
(18 photos)
Wednesday, June 27, 2018

Women’s Guild Luncheon
Sunday, July 1, 2018
Worship in Pettengill Center
Ted Guercio, guest speaker
(7 photos)
Pastor: Let us come to the Author of Peace.
People: It is right to give our thanks and praise.
Pastor: It is right and good and holy thing to give our thanks to the Lord day, Liberate us from our sins.